

# Friday April 4

Brought to you by:



Updated:  
AD 2/14/25

## THEME:

#EDGE25	BEGINNER BARN	ADIA DANCE	KIT	TOWN HALL	AS IS TERRACE
8:00 - 8:50am	REGISTRATION OPENS				
9:00 - 9:50am	REGISTRATION OPENS				
10:00 - 10:50am				<b>GUIDANCE</b> All Level <b>WHAT TO EXPECT OVER THE WEEKEND</b>  TBA	<b>WELLNESS</b> <b>All Out Wellness</b> <b>Stoic Wisdom For The Weekend</b>  Kaizen Koching: Travis Swartzlander How to win & get the most from The Edge 2025 <b>Movement. Mindset. Motivation.</b>
11:00 - 11:50am	<b>WELCOME</b> <i>Warm - Up, Social Dancing, OPening Ceremonies</i> Followed by Class Demonstrations ("Demos")				
12:00 - 12:50pm	<b>INSTRUCTION + PRACTICE</b> Option 1  <b>COUNTRY SWING GUIDED PRACTICE</b>  You will get hands on coaching so you can feel more confident!  Option 2  <b>LINE DANCE INSTRUCTION</b>  Learn fun and simple line dances with mentors there to help guide you!			<b>PRACTICE</b> 12:00-12:15  <b>EASY LINE DANCE FAVORITES</b>  Come dance some of you favorite easy line dances! Our crew will walk you through as we go!  12:15-12:50  <b>YOUR REQUESTS</b>  Want to practice what you know? We are playing your dance requests!	<b>WELLNESS</b> <b>All Out Wellness</b> <b>"Mind In Motion"</b>  Explore how thoughts shape movement through guided exercises and partner work. Then, embody these insights in a dynamic dance session, experiencing the power of mindset in motion!  <b>Movement. Mindset. Motivation.</b>
	<b>INSTRUCTION</b> Beginner  <b>COUNTRY SWING FUNDAMENTALS</b>  You are going to learn the basics of country swing to get you the tools you need to create fun dances!		<b>INSTRUCTION</b> Beginner  <b>DIPS &amp; LEANS</b>  You are going to learn beginner concepts & combinations!  <i>This class is meant for you IF:                      -You have taken Country Swing fundamentals classes before</i>  Mentors:	<b>PRACTICE</b> 1:00-1:15pm  <b>EASY LINE DANCE FAVORITES</b>  Come dance some of you favorite easy line dances! Our crew will walk you through as we go!  12:15-12:50  <b>YOUR REQUESTS</b>  Want to practice what you know, we are playing your dance requests!	<b>WELLNESS</b> <b>All Out Wellness Coming Soon!</b>  <b>Movement. Mindset. Motivation.</b>
2:00 - 3:00pm	<b>LUNCH BREAK</b> <i>Live Music</i> <i>Social Dancing</i> <i>Games</i>				
3:00 - 3:50pm	<b>INSTRUCTION</b> Beginner  <b>LINE DANCE INSTRUCTION</b>  You are going to learn a couple fun and simple line dances so you can finally get out on the dance floor with confidence and have a blast!			<b>PRACTICE</b> 3:00-3:15pm  <b>EASY LINE DANCE FAVORITES</b>  Come dance some of you favorite easy line dances! Our crew will walk you through as we go!	<b>WELLNESS</b> <b>All Out Wellness</b>  <b>Partner Yoga for Connection &amp; Trust</b>  A fun, interactive parter yoga session perfect for building connection between dancers.  <b>Movement. Mindset. Motivation.</b>

				12:15-12:50 <b>YOUR REQUESTS</b> Want to practice what you know, we are playing your dance requests!	
	<b>INSTRUCTION + PRACTICE</b>			<b>PRACTICE</b>	<b>WELLNESS</b>
4:00 - 4:50pm	Option 1  <b>COUNTRY SWING GUIDED PRACTICE</b>  You will get hands on coaching so you can feel more confident!			3:00-3:15pm  <b>EASY LINE DANCE FAVORITES</b>  Come dance some of you favorite easy line dances! Our crew will walk you through as we go!	
	Option 2  <b>LINE DANCE INSTRUCTION</b>  Learn fun and simple line dances with mentors there to help guide you!			12:15-12:50  <b>YOUR REQUESTS</b> Want to practice what you know, we are playing your dance requests!	

**GROUP PHOTO!**  
5:00pm  
at CRC Barn

**EVENING ACTIVITIES:**  
5:00pm-12:00am

*\*Competitions \* Dinner Break \*Social Dancing on multiple floors \**

**LAWN GAMES & FIRE PIT**  
5:00pm-10:00pm

*Wednesday, April 9, 2020 12:00*

**Social Dancing until midnight!**




***Thank you to our Sponsors:***

# Saturday April 5



Updated:  
AD 2/14/25

## THEME: TBA

#EDGE25	BEGINNER BARN	ADIA DANCE	KIT	TOWN HALL	AS IS TERRACE
8:00 - 8:50am	REGISTRATION OPENS				
9:00 - 9:50am	9:15 Movement & Mindset on As Is Terrace				
		INSTRUCTION	INSTRUCTION	PRACTICE	WELLNESS
"Early Risers" 10:00 - 10:50am		<p>Beginner</p> <p><b>DIPS &amp; LEANS</b></p> <p>You are going to learn beginner level tricks that will give you confidence!</p> <p><i>This class is meant for you IF: -You have taken fundamental partner classes before and are looking to add some spice to your dancing!</i></p>	<p>Beginner</p> <p><b>COWBOY CHA CHA</b></p> <p>You are going to learn a popular couples dance that is done all over CA!</p> <p><i>This class is meant for you IF: -You have taken fundamental partner classes before -You are a beginner line dancing</i></p>	<p>Your Requests Social Dancing</p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p><b>DANCE THRU LIFE EXPERIENCE</b></p>  <p>Movement. Mindset. Motivation.</p>
11:00 - 11:50am	<b>WELCOME: Karaoke Social Dance</b> <i>Warm - Up, Social Dancing</i> Followed by Class Demonstrations ("Demos")				
	INSTRUCTION	INSTRUCTION	INSTRUCTION	PRACTICE	WELLNESS
12:00 - 12:50pm	<p>Beginner</p> <p><b>LINE DANCE INSTRUCTION</b></p> <p>You are going to learn a couple fun and simple line dances so you can finally get out on the dance floor with confidence and have a blast!</p> <p><i>This class is meant for you IF: -You are new to line dancing or enjoy easy beginner dances</i></p>	<p>Beginner</p> <p><b>WEST COAST SWING</b></p> <p>You are going to learn beginner concepts and steps!</p> <p><i>This class is meant for you IF: -You have taken partner classes that incorporate footwork before</i></p>	<p>Beginner</p> <p><b>COUNTRY SWING</b></p> <p>You are going to learn beginner concepts &amp; combinations!</p> <p><i>This class is meant for you IF: -You have taken Country Swing fundamentals classes before</i></p>	<p>12:00-12:15</p> <p><b>EASY LINE DANCE FAVORITES</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>12:15-12:50</p> <p><b>YOUR REQUESTS</b></p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p><b>DANCE THRU LIFE EXPERIENCE</b></p>  <p>Movement. Mindset. Motivation.</p>
	INSTRUCTION			PRACTICE	WELLNESS
1:00 - 1:50pm	<p>Beginner</p> <p><b>COUNTRY SWING FUNDAMENTALS</b></p> <p>You are going to learn the basics of country swing to get you the tools you need to create fun dances!</p> <p><i>This class is meant for you IF: -You are new to partner dancing and/or want to solidify your partner technique in a supportive environment</i></p>			<p>1:00-1:15pm</p> <p><b>EASY LINE DANCE FAVORITES</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>1:15-1:50pm</p> <p><b>YOUR REQUESTS</b></p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p><b>DANCE THRU LIFE EXPERIENCE</b></p>  <p>Movement. Mindset. Motivation.</p>
2:00 - 3:00pm	<b>LUNCH BREAK</b> <i>Live Music</i> <i>Social Dancing</i> <i>Games</i>				
	INSTRUCTION +PRACTICE		INSTRUCTION		WELLNESS
3:00 - 3:50pm	<p>Option 1</p> <p><b>COUNTRY SWING GUIDED PRACTICE</b></p> <p>You will get hands on coaching so you can feel more confident!</p> <p>Option 2</p> <p><b>LINE DANCE INSTRUCTION</b></p> <p>Learn fun and simple line dances with mentors there to help guide you!</p>		<p>Beginner</p> <p><b>WEST COAST SWING BASICS</b></p> <p>You are going to learn beginner concepts and steps!</p> <p><i>This class is meant for you IF: -You have taken partner classes that incorporate footwork before</i></p>		<p>Movement. Mindset. Motivation.</p>

	<p><i>This class is meant for you IF:</i>          -You are new to line dancing or enjoy easy beginner dances          -Want to get hands on support for partner dancing</p>				
	<p><b>INSTRUCTION</b>          Beginner</p>	<p><b>INSTRUCTION</b>          Beginner</p>	<p><b>INSTRUCTION</b>          Beginner</p>	<p><b>PRACTICE</b>          4:00-4:15pm</p>	<p><b>WELLNESS</b></p>
4:00 - 4:50pm	<p><b>COUNTRY SWING FUNDAMENTALS</b></p> <p>You are going to learn the basics of country swing to get you the tools you need to create fun dances!</p> <p><i>This class is meant for you IF:</i>          -You are new to partner dancing and/or want to solidify your partner technique in a supportive environment</p>	<p><b>LINE DANCE INSTRUCTION</b></p> <p>You are going to learn a couple fun and simple line dances so you can finally get out on the dance floor with confidence and have a blast!</p> <p><i>This class is meant for you IF:</i>          -You are new to line dancing or enjoy easy beginner dances</p>	<p><b>TWO STEP</b></p> <p>You are going to learn beginner concepts and steps!</p> <p><i>This class is meant for you IF:</i>          -You have taken partner classes that incorporate footwork before</p>	<p><b>EASY LINE DANCE FAVORITES</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>4:15-4:50pm</p> <p><b>YOUR REQUESTS</b></p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p>Movement. Mindset. Motivation.</p>

**EVENING ACTIVITIES:**

5:00pm

*\*Competitions \* Dinner Break \*Social Dancing on multiple floors \**

**BENEFITS CONCERT at TOWN HALL**

5:30pm

*Brie Carter & Electro Horse*

**LAWN GAMES & FIRE PIT**

5:00pm-10:00pm

**Social Dancing until midnight!**

***Thank you to our Sponsors:***

# Sunday April 6



SPOTIFY PLAYLISTS:

Updated:  
AD 1/29/25

Line Dance Playlist (Workshops & Comps)  
All Request Song Playlist

THEME: TBA

Copperknob Workshop Dance List  
Copperknob Line Dance Competition Dance List

#EDGE25	BEGINNER BARN	ADIA DANCE	KIT	TOWN HALL	AS IS TERRACE
9:00 - 9:50am	<p><b>REGISTRATION OPENS</b>            9:15 Movement &amp; Mindset on the AS IS Terrace            9:15 Cowboy Church with Christian Dance Fellowship at Homestead Park</p>				
"Early Risers" 10:00 - 10:50am	<p><b>INSTRUCTION + PRACTICE</b></p> <p>Option 1</p> <p><b>COUNTRY SWING GUIDED PRACTICE</b></p> <p>You will get hands on coaching so you can feel more confident!</p> <p>Option 2</p> <p><b>LINE DANCE INSTRUCTION</b></p> <p>Learn fun and simple line dances with mentors there to help guide you!</p> <p><i>This class is meant for you IF: -You are new to line dancing or enjoy easy beginner dances -Want to get hands on support for partner dancing</i></p>			<p><b>PRACTICE</b></p> <p>10:00-10:15am</p> <p><b>EASY LINE DANCE FAVORITES</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>10:15-10:50am</p> <p><b>YOUR REQUESTS</b></p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p><b>WELLNESS</b></p> <p>All Out Wellness</p> <p>Post Competition Motivation</p> <p>Kaizen Coaching: Travis Swartzlander</p> <p>Turn pain into reward! Attendees will be sent home with tools and drills!</p> <p>Movement. Mindset. Motivation.</p>
	<p><b>WELCOME: DONUTS &amp; DANCE SOCIAL</b>  <b>LIVE MUSIC by RussyB and Friends</b></p> <p><i>Warm - Up, Social Dancing, Theme Day pics in photo-op areas Followed by Class Demonstrations ("Demos")</i></p>				
12:00 - 12:50pm	<p><b>INSTRUCTION</b></p> <p>Beginner</p> <p><b>LINE DANCE INSTRUCTION</b></p> <p>You are going to learn a couple fun and simple line dances so you can finally get out on the dance floor with confidence and have a blast!</p> <p><i>This class is meant for you IF: -You are new to line dancing or enjoy easy beginner dances</i></p>		<p><b>INSTRUCTION</b></p> <p>Beginner</p> <p><b>TWO STEP</b></p> <p>You are going to learn beginner concepts and steps!</p> <p><i>This class is meant for you IF: -You have taken partner classes that incorporate footwork before</i></p>	<p><b>PRACTICE</b></p> <p>12:00-1:15pm</p> <p><b>EASY LINE DANCE FAVORITES</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>12:15-12:50pm</p> <p><b>YOUR REQUESTS</b></p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p><b>WELLNESS</b></p> <p>All Out Wellness</p> <p>Free to Dance: Let Go &amp; Move Forward</p> <p>Learn practical techniques to release frustration, reset your mindset, and stay focused under pressure. Then, apply these insights in a dance session designed to help you move with confidence, clarity, and connection!</p> <p>Movement. Mindset. Motivation.</p>
	1:00pm - 1:50pm	<p><b>INSTRUCTION</b></p> <p>Beginner</p> <p><b>COUNTRY SWING FUNDAMENTALS</b></p> <p>You are going to learn the basics of country swing to get you the tools you need to create fun dances!</p>			<p><b>PRACTICE</b></p> <p>1:00-1:15pm</p> <p><b>EASY LINE DANCE FAVORITES</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>1:15-1:50pm</p> <p><b>YOUR REQUESTS</b></p>

	<i>This class is meant for you IF: -You are new to partner dancing and/or want to solidify your partner technique in a supportive environment</i>			Want to practice what you know, we are playing your dance requests!	
	<b>INSTRUCTION</b>	<b>INSTRUCTION</b>	<b>INSTRUCTION</b>		<b>WELLNESS</b>
2:00 - 2:50pm	<p>Beginner</p> <p><b>LINE DANCE INSTRUCTION</b></p> <p>You are going to learn a couple fun and simple line dances so</p> <p><i>This class is meant for you IF: -You are new to line dancing or enjoy easy beginner dances</i></p>	<p>Beginner</p> <p><b>WEST COAST SWING</b></p> <p>You are going to learn beginner techniques and steps!</p> <p><i>This class is meant for you IF: -You have taken partner classes that incorporate footwork before</i></p>	<p>Beginner</p> <p><b>COUNTRY SWING</b></p> <p>You are going to learn beginner concepts &amp; combinations!</p> <p><i>This class is meant for you IF: -You have taken Country Swing fundamentals classes before</i></p>		<p><b>All Out Wellness</b></p> <p>"Burlesque"</p> <p>Brigette Campos</p> <p>This class blends sensual movement, playful choreography, and mindset shifts to boost confidence, body awareness, and self-acceptance. Build strength, let go of inhibitions, and leave feeling fierce, free, and empowered</p> <p>Movement. Mindset. Motivation.</p>
	<b>PRACTICE</b>			<b>PRACTICE</b>	<b>WELLNESS</b>
3:00 - 3:50pm	<p>Beginner</p> <p><b>COUNTRY SWING GUIDED PRACTICE</b></p> <p>You will get hands on coaching so you can feel more confident!</p> <p><i>This class is meant for you IF: -You would like guidance and coaching as you practice partner dancing</i></p>			<p>12:00-1:15pm</p> <p><b>TOP OF THE HOUR EASY Line Dance Marathon</b></p> <p>Come dance some of you favorite easy line dances! Our crew will walk you through as we go!</p> <p>12:15-12:50pm</p> <p><b>YOUR REQUESTS</b></p> <p>Want to practice what you know, we are playing your dance requests!</p>	<p>Movement. Mindset. Motivation.</p>
4:00 - 6:00pm	<p><b>GROUP PHOTO</b></p> <p>Group Picture 4:00 at CRC Barn</p> <p><b>SOCIAL DANCING</b> 4:15-6:00pm at CRC Barn</p>				

*Thank you to our Sponsors:*