

KickStart Country Event

Class Descriptions

NOTE: Not all classes are offered at every event. Check the event schedule for specifics.

1. COUNTRY SWING

From mastering the basics to incorporating advanced tricks and moves, country swing classes offer something for everyone. Each level builds on the last to enhance your confidence and style.

2. COUNTRY SWING FUNDAMENTALS

Start with the essentials of country swing in beginner classes. Learn footwork, connection, and techniques to making your dance easy!

3. DANCE TECHNIQUE

Improve your overall dance quality no matter your experience. Beginner classes focus on alignment and core concepts, while advanced sessions emphasize precision, styling, and artistry.

4. DIPS & LEANS

Develop your dips and leans step-by-step! Beginner classes focus on safety and building trust, while advanced levels introduce dramatic variations and techniques to wow on the dance floor.

5. GUIDED PRACTICE

Structured practice sessions for all levels, with instructors offering personalized guidance and feedback to help you master what you're learning.

6. LIFTS AND TRICKS

Learn to execute lifts and tricks at your level, starting with safety and foundational skills, and progressing to more advanced, show-stopping movements as you gain confidence.

7. LINE DANCE

From foundational steps to intricate routines, line dance classes cater to all levels. Beginners will master popular basics, while advanced dancers will learn stylized movements and complex choreography.

8. LINE DANCE FUNDAMENTALS

From the very basics to polished routines, these classes cater to all levels, ensuring you feel confident stepping onto the dance floor with any group.

9. PATTERNED PARTNER

Learn popular partner dances done in sync on the dance floor. Beginners focus on mastering timing and foundational patterns, while advanced levels tackle complex sequences and polished execution.

10. PROGRESSIVE PARTNER

Designed to develop your partnering skills at all levels. Beginner classes build connection and basic moves, while advanced sessions progress into intricate patterns and seamless transitions.

11. SWING TECHNIQUES

Refine your swing skills at any level. Classes progress from basic connection and footwork to advanced styling and intricate partner techniques, tailored to your experience.

12. TUNE-UPS

Focus on specific aspects of your dancing at any level. Tackle foundational improvements and refine details and perfect your execution.

13. TWO STEP

Learn the essentials of this smooth and dynamic country dance, or refine your skills at advanced levels. Classes focus on timing, partner connection, and traveling patterns, with each level introducing new techniques and variations to elevate your dancing.

14. WALTZ

Discover the elegance of waltz at your level. Beginners focus on foundational movement and posture, while intermediate and advanced dancers work on fluidity, advanced patterns, and partner connection. *Recommended for dancers already comfortable at intermediate levels in other styles.*

15. WEST COAST SWING

Whether you're just starting or a seasoned dancer, these classes cover a range of skills. Beginners learn foundational patterns and connection, while advanced levels explore musicality, styling, and improvisation.

